
The pioneering childbirth book of the century that drew attention to all that was wrong in the world of gynecological medicine and helped create the revolution of childbirth reforms in America.

**Additional Commentary**

“Childbirth is one of the most profound, personal experiences a woman can have. Yet our present system of uniform care does not allow her the freedom to choose her own way of birth and reclaim the experience as her own.

This is a book about childbirth in America. It is neither a medical textbook, nor a political treatise, nor a “whole birth catalog.” Rather it is a statement that grew out of a need to understand and explain my own birth experience. It is my contribution to anyone interested in the American way of birth.” Suzanne Arms. From the Preface.